



# WATER SAFETY 101

## Time Saves Lives

**2**

**MINUTES**

Child loses consciousness

**4**

**MINUTES**

Irreversible brain damage

**6**

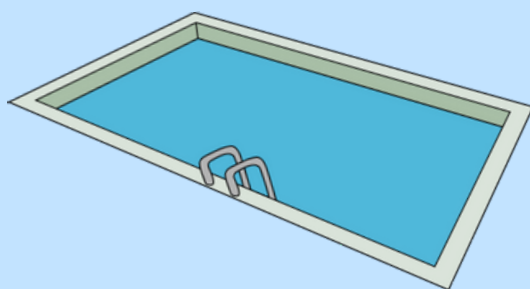
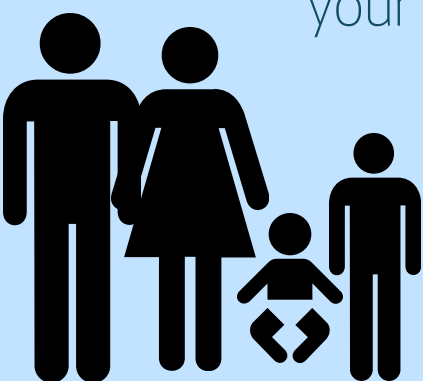
**MINUTES**

Most children don't survive after 6-10

Know what to look for:  
Drownings are Quick and Silent

## Adult Supervision

Parents are the first line of defense. Please provide your full attention when watching your children around open bodies of water.



## Pool Barriers/Alarms

The Florida law requires one or more safety features for residential pools. 1. Pool Fence 2. Safety Pool Net 3. Alarm on all doors and windows leading out to pool 4. All doors with access to pool must be Self Closing, self-latching. 5. A Pool Alarm that sounds upon detection of accidental entrance into water.

We recommend combining at least TWO safety features listed above. Each barrier gives your child another layer of protection.



## Swim Lessons

The last line of defense in drowning prevention. Lessons should begin when your child begins to walk. WaterSmart Broward offers \$40 vouchers, for up to a free month of swim lessons.



Go to <http://www.watersmartbroward.org> to claim yours!

## CPR

2 breaths with 30 chest compressions and REPEAT!

Infant: cover mouth and nose with your mouth for breaths; use ONLY two fingers for compressions

Toddler: plug nose and do mouth to mouth for breaths

